

VOLUNTEER TODAY

Dedicate Yourself to Caring for the Land and Serving the People

<http://www.fs.fed.us/r5/angeles/volunteering/>

Los Angeles River Ranger District Volunteer Newsletter July 2016

DEHYDRATION

How to Recognize and Treat Dehydration A lot of times people won't recognize dehydration in themselves. It takes a friend pointing it out and saying, "Hey, you ok? Let's sit in the shade for awhile."

RECOGNIZING DEHYDRATION: These few things will help you recognize that you are dehydrated and hopefully you can get hydrated before you are in need of assistance:

- **Increased thirst.** If you feel like taking a drink of water, then take a drink of water. Your body is trying to tell you, "Hey, I'm dehydrated. Help!"
 - **Reduced urine output.** You should be drinking several liters of water throughout the day and that means you should be peeing. If I start a hike at 7 am and I haven't peed by 2 pm, then I start to worry about how much water I have drinken in the day.
 - **Dizziness, weakness or fainting.** This one is hard to recognize in yourself because most people just attribute the fatigue to hiking, but if you're fumbling over easy steps you're probably dehydrated.
 - **Irritability.** You could be hiking with the sweetest, most kind person in the world, but once they are pretty dehydrated they turn into the Incredible Hulk. When I recognize this in myself or in others I know they are really behind on how much water they've been needing to intake.
 - **Pounding or racing heart.** This is your body struggling to keep itself maintained and you're getting pretty seriously dehydrated.
 - **Inability to sweat** Sweat is your bodies natural reaction to heat. If you haven't taken in enough water for your body to sweat then you need to stop what you're doing and find shade.
 - **The color of urine can indicate dehydration.** This one is kind of subjective. You should learn what color your urine is when you are regularly hydrated and gauge it off of that. The more yellow the urine, the more dehydrated you are.
- So those are most of the symptoms of dehydration, but understand that they show differently in people and they are subjective on which ones you will see.**

Use those as a rule of thumb and start to understand yourself and those you regularly spend time with.

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**The more I see of the
representatives of the people,
the more I admire my dogs.**

Electronic copy of Newsletter at:
<http://www.mtlowe.co/VolunteerNews.htm>

DEHYDRATION (CONT)

TREATING DEHYDRATION

Untreated severe dehydration can cause seizures, brain damage or even be fatal. Most mild dehydration issues can simply be treated by drinking more water or fluids. Moderate cases may result in a visit to the emergency department where a patient may need to be given fluids intravenously.

The foremost treatment for dehydration is prevention. Anticipate the need for increased fluid intake.

- Plan ahead and take extra water to all outdoor events and work where increased sweating, activity, and heat stress will increase fluid losses. Encourage athletes and outdoor workers to replace fluids at a rate that equals the loss.

- Avoid exercise and exposure during high heat index days. Listen to weather forecasts for high heat stress days, and plan events that must occur outside during times when temperatures are cooler.

- Ensure that older people and infants and children have adequate drinking water or fluids available and assist them as necessary. Make sure that any incapacitated or impaired person is encouraged to drink and provided with adequate fluids.

- Avoid alcohol consumption, especially when it is very warm, because alcohol increases water loss and impairs your ability to sense early signs associated with dehydration.

- Wear light-colored and loose-fitting clothing if you must be outdoors when it is hot outside. Carry a personal fan or mister to cool yourself.

- Break up your exposure to hot temperatures. Find air-conditioned or shady areas and allow yourself to cool between exposures. Taking someone into a cooled area for even a couple of hours each day will help prevent the cumulative effects of high heat exposure.

Most of us would never leave our homes and offices without our wallets, cell phones and sunglasses. Add bottled water to that list, at least during the hot summer, it'll help keep you cool, hydrated and hopefully out of the emergency department.”

OUT THERE; Pining for better days; Running a mountain camp seemed an ideal job, but it just won't pay.

By: Knoll, Corina

It felt like a secret -- an oasis hidden at the end of a twisting, dusty road where city life evaporated in the cool, mountain breeze.

Deb Burgess fell hard for the sprawling San Gabriel Mountains wilderness etched with hiking trails and burbling streams, and couldn't resist buying one of the area's vacation cabins in 2001. Later, when the opportunity arose to run the entire place, she counted herself lucky. It seemed a romantic existence: managing the general store, organizing overnight stays at the campgrounds, delivering goods on the bristly backs of donkeys and becoming embedded in the area's history.

But operating Adams' Pack Station in Chantry Flat, a piece of nostalgia in the Angeles National Forest, has nearly extinguished the spirit that brought her here in the first place.

Mudslides, she knew, were always possible. Forest fires, too. And the economics of hauling in supplies at 50 cents a pound on donkeys to cabin owners in the canyon would be marginal, at best. But when the Los Angeles County Health Department told her the cold drinks, hot dogs and "Kick-Ass Burgers" she sold from the front porch of her modest general store might have to go, she wondered -- again -- whether it was time to pack it in.

Burgess and her mother, Sue, bought the pack station in 2006 on April Fool's Day. The one-acre spread came with a small barn, a corral, a two-bedroom cabin and donkeys suitable for packing -- an old-school practice in which animals deliver cargo. The seller had gone through her entire savings of \$50,000 attempting to stay afloat. The buyers figured it was just bad luck and believed they could invigorate the business by hosting corporate retreats at the Sturtevant Falls campgrounds.

They also thought they could restore the neighborhood feel created by Bill and Lila Adams, who had taken over the station in the 1940s, a decade after it opened. For more than 35 years, Bill did the packing while his wife tended store.

"We had a little Coke stand on the porch and got to know all the cabin owners as friends," recalled Lila Adams, 91, who now lives in Oklahoma. "They would sit there for a little while and I'd get them a cup of coffee, and we had picnics for them. For people who were hiking from out of town, I would give them pine cones I had collected. We were just a jolly couple, and I think that's what people remember."

Open Friday through Sunday, the station coordinates rescues and serves as an informational center, selling maps and national forest Adventure Passes, but Burgess quickly discovered how difficult the packing life could be. Owners of the 80 historic cabins in the area relied on her and the donkeys to deliver cans of paint, propane tanks, generators and food over roads not drivable.

In her third week, she was leading a herd of donkeys down a mountain road when one slipped over the edge, pulling her and the rest of the team into a ravine 75 feet below. Search-and-rescue teams responded. A couple of animals suffered broken bones, but Burgess made it out with bruises and scrapes.

Twice she has had to evacuate the animals when fire threatened the forest. The Santa Anita racetrack took them in, free of charge, but fire and mudslide seasons bring constant worry.

Packing brings in from \$10 to \$400 a day, but it's only done twice a week and rarely earns enough to pay the \$1,100-a-month feed bill, not to mention vet bills and payroll. Burgess still cannot afford to quit her full-time job as a business analyst

(cont to next page)

IN THE LOS ANGELES TIMES (CONT)

At first, her mother lived at the pack station while Burgess commuted from her Lakewood home. After emptying her 401(k) and bank accounts, Burgess mortgaged her home to pay the pack station's overhead. When the recession hit, she ended up underwater on her house and put it up for rent. She moved into the pack station's cabin in December. Her mother, weary of such a public life and of a raft of U.S. Forest Service regulations on things such as planting a garden, moved out.

But the station started breaking even when it began offering hot dogs, hamburgers and pulled pork sandwiches at its general store. It was already a place to buy a cold drink and a candy bar, but warm meals brought in a crowd of famished, weary hikers in search of shade and a couple of chilled beers. Families enjoyed socializing on the porch and grabbing an ice cream treat for dessert.

Last month, the county Health Department said the general store had to come up to code or cease selling food and drinks.

The store -- consisting of a cash register set on a table, a refrigerator and a freezer -- is on the deck of the two-bedroom cabin where Burgess lives with her 18-year-old son, Jason. Because the business is attached to a private home, the county ordered a strict division between the two. Food couldn't be cooked at the store unless it had an outdoor mop sink and hand sink, despite the fact that the cabin's kitchen sink was only 10 feet away.

After a recent on-site visit, the county dropped some of its demands, citing the historic nature of the station. Still, Burgess estimates she'll be left with a \$7,500 tab for required changes and is planning a fundraiser for April 24 to pay for improvements such as fortifying an indoor food closet, dry-walling the storage area and installing fluorescent lighting.

The brush with bureaucracy also pushed Burgess to the brink of selling. "What kind of nut-job buys a business and puts everything she can into it?" she wrote in an e-mail to the previous owner.

In spite of the struggles, cabin owners and frequent visitors say the pack station has been transformed. "This is probably the best ownership we've ever had except way back in the older days," said Steve Burns, 58, whose cabin is three miles from Chantry Flat. "She's doing exceptionally well. It's just been really nice and homey."

Part of the atmosphere is thanks to Rich Conforti, Burgess' ex-husband, who built the store's porch and is known for walking around the premises with a cup of coffee and greeting visitors. The two divorced when Jason was young, but remain close. With his girlfriend, Conforti, 57, spends every weekend at the station.

One recent Saturday morning, Burgess began the nine-mile trek down a narrow forest path with donkeys in tow.

"You know, it was an emotional decision," she said, waving back at the station. "I mean, look how beautiful this is. You couldn't ask for more. But every time you turn around, it's something else. . . . Last summer was good, though -- not financially, but the kitchen was busy and people were hanging out on the deck. I want to be able to see that again."

Nudging the herd along, she continued walking through the shade amid a chorus of gurgling creeks and rushing waterfalls -- the very details that drew her to the place years ago.

IN THE LOS ANGELES TIMES FLASH FORWARD!

During the summer every Sunday will be live bands. The Performances will be of the more intimate, acoustic variety; such as modern folk, singer/songwriter, cowboy, bluegrass etc.

You are encouraged to come and visit the Pack Station.

Look at the Volunteer fun page for the band schedule at the Pack Station.

A WORD FROM CHRIS FABBRO

The Angeles welcomes two new employees in term/temporary positions and invites you to work with them on some of their new projects. Alberto Ortega, who is normally Patrol 22 on the Monument, will be at Forest Headquarters for four months in a new Conservation Education position. His duties will include all interpretive and educational programming, including school and community events, nature walks, campfire talks, etc. He has many years of relevant experience and is looking forward to supporting existing interpretive programs as well as expanding our capacity to offer the public more educational events. Assisting him is a new intern, Jason Martin, who for the next year will manage the Every Kid in a Park program on the Angeles. Jason comes to us from the Southern California Consortium and has already participated in several Every Kid in a Park (4th Grade-specific) education programs. We are currently developing a curriculum for that age group specific to the Angeles. If you are interested in helping with interpretive events for groups of all ages, whether in a classroom, on a trail, or around a campfire, please contact us.

The 2016 Artist in Residence program has ten new volunteers who will each spend a week on the Angeles working on various artistic projects. This is similar to last year's program, and the locations have been expanded to both Crystal Lake and Big Pines Lodge near Wrightwood. Residencies run from July through September. In addition, the forest has just completed its pilot Trail Artist program, in which five artists spent a week at Little Jimmy campground this spring working on art projects and serving as greeters/campground host for PCT through-hikers. Pieces done this spring by one of the artists, Amy Nettleton, can be found at <http://amynettleton.com/artist-in-residence-at-little-jimmy-camp>

Starting July 24, Chris Fabbro will be on loan for four months to El Pueblo in Downtown LA working for State & Private Forestry, supervised by the Regional Office. The SO is currently looking for a temporary replacement, but in the meantime, Chris is here for another month and then back around Thanksgiving.

Chris Fabbro
Volunteer Coordinator
Forest Service
Angeles National Forest
p: 626-574-5226
c: 626-698-8517
cfabbro@fs.fed.us

701 N. Santa Anita Ave.
Arcadia, CA 91006
www.fs.fed.us

Caring for the land and serving people



LARRD Volunteer Meeting

**July 20th, 2016
7:00 p.m.**

**701 N Santa Anita Ave.
Arcadia, CA 91006**

BRING TO THE MEETING:

- 1. YOUR JUNE ACCOMPLISHMENTS ON PAPER. THEY WILL THEN BE PLACED IN THE AUGUST NEWSLETTER.**
- 2. QUESTIONS AND ISSUES WILL BE DISCUSSED AND/OR DIRECTED TO THOSE THAT CAN HELP THE MOST.**

Training Opportunities!



THE CITY OF GLENDALE
Community Services & Parks Department

Native Bees of Southern California

◆ **WHEN:**

Sat., July 9 2016
9:00 a.m. - noon

◆ **WHERE:**

Deukmejian
Wilderness Park
3429 Markridge Rd
Glendale, CA 91214

◆ **WHAT TO WEAR/
BRING:**

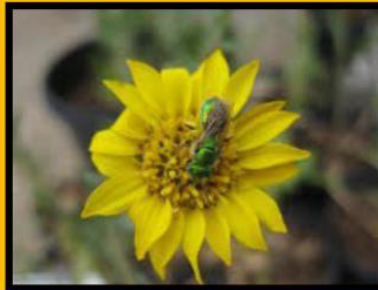
Sturdy shoes, long
pants, and a long
sleeved shirt,
sunscreen, and a hat

Space is limited
You must call us at
(818) 548-3795
to reserve your spot

Trail snacks and water
will be provided

Honey bees are important pollinators of our agricultural crops but what about our native bees? What role do they play? What is a native bee?

Join Ecologist Michelle Rivers as she shares her enthusiasm for our native bees and provides answers to your native bee questions. Michelle worked for the Bumblebee Conservation Trust in the United Kingdom as the Scottish Conservation Officer where she worked to save the Great Yellow Bumblebee (*Bombus distinguendus*).



Learn what makes a bee a bee and their critical role in our world. Hear about the environmental threat to our native bees and what you can do to help them. This will be a three hour program with approximately two hours of discussion and activities indoors and one hour out on the trail. Michelle will lead us as we search for native bees in the park, and show us how bees are captured and identified in the field.

Sponsored By:



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հետևյալ հեռախոսահամարով (818) 548-2000

Para información en español, llame a (818) 548-2000



REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST.
PLEASE NOTIFY US WITHIN 72 HRS PRIOR TO EVENT DATE.

Training Opportunities!

Tahoe Trail Skills College

The 2016 Tahoe Trail Skills College is right around the corner! This training is for seasoned trail maintainers and first-time volunteers alike. Come learn new skills, dig in the dirt, and experience trail camaraderie on the PCT. Course selection will include Crosscut saw training & certification, Intro to Trail Maintenance, Drainage Design, and more. With a new class of trail maintainers up to speed, volunteer projects in the Northern Sierra will be in full swing!

This training event is offered to volunteers free of charge in an effort to inspire citizen stewardship of our trails. Camping and meals are also provided at no additional cost throughout the weekend. In exchange, we ask participants to donate at least 16 hours of their time over the year volunteering on the many projects offered by the High Cascades Forest Volunteers and the Pacific Crest Trail Association.

When and where is it? July 15 – 17, 2016 Truckee, California

What will I learn?

This year, most classes will last two days. This will ensure students have plenty of time in the field to complete training projects. Students will stay in their class for the duration of the weekend; they will not be invited to take one class on Saturday and attend a different class on Sunday. The following two-day courses will be available:

- 100 Intro to Trail Maintenance, Scouting and Adopting
- 203 Waterbars & Checks

How do I register?

- Click on: [Register for trail maintenance courses \(100 & 203\) here.](#)

Questions?

- Learn more about [Trail Skills College](#) at our website, or by contacting the Volunteer Programs Assistant at 916-285-1838 or volunteer@pcta.org.

Southern California Trail Skills College

The Southern California Trail Skills College typically takes place every October. But don't forget, you can learn new trail maintenance skills throughout the year by volunteering on a PCTA trail crew. Crews in Southern California work on the trail year-round, and many projects require no prior trail maintenance experience. Our knowledgeable and experienced crew leaders are on site to teach you the necessary skills. Visit our [project schedule](#) to find your next adventure!

Questions?

- Learn more about [Trail Skills College](#) at our website, or by contacting the Volunteer Programs Assistant at 916-285-1838 or volunteer@pcta.org.

VOLUNTEER FUN

2016 Live Music Events

www.adamspackstation.com

Join Us & These Artists for an Afternoon of Great Music

07/03/2016

12:00-01:30 Liz Wiegard + Sierra & the Radicals
01:45-03:15 The Still Moving Project
03:30-05:00 John R. Williamson & the C'est la Vies

07/10/2016

12:00-05:00 Terry Okey

07/17/2016

12:00-05:00 Wild Mountain Mystics
01:45-03:15 Tim Tedrow
03:30-05:00 Darren Longman

07/24/2016

12:00-01:30 Keeping fire
01:45-03:15 Poppa and the Midnight snacks
03:30-05:00 Cheeky Few

07/31/2016

12:00-01:30 Cheeky Few
01:45-03:15 Jeannie Willets
03:30-05:00 Spyder Blue

08/07/2016

12:00-05:00 BARNYARD JAMBOREE

08/14/2016

12:00-05:00 CACTUS JAM

08/21/2016

12:00-05:00 Sweet Potatoes
01:45-03:15 Poppa and the Midnight Snacks
03:30-05:00 Wumbloozo

08/21/2016

12:00-01:30 Homegrown (Happy BDay Brian)
01:45-03:15 Wild Mountain Mystics
03:30-05:00 Honolulu Avenue Stummers

Sturtevant Camp great events <http://sturtevantcamp.com/events/>

You are welcome to email me at: dburgess@sturtevantcamp.com

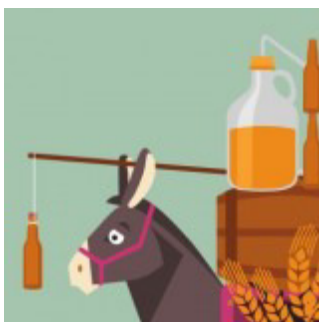
or call at 626.447.7356

Events at Sturtevant Camp

[Beer Making and Tasting](#)

• August 12-14

For this weekend, we will learn how to brew our own beer and taste the brew of some locals.



FUND RAISER

**The Southern California Mountains Foundation is pleased to announced Season 11
at the Big Bear Discovery Center Amphitheater!**

Get outdoors and join us this summer for some of the best classic and contemporary rock in Southern California under the stars at 7,000'!

2016 Music in the Mountains Summer Schedule
Big Bear Discovery Center Amphitheater
Presented By:



July 16, 2016 | Gates Open @ 5 PM | Big Bear Discovery Center Amphitheater

Wild Child - A Tribute To The Doors with special guest Marc Ford

Tickets: \$25* - \$40*

Wild Child - Dave Brock's Doors Experience is the Los Angeles based act with over 20 solid years of world tour experience and has flourished in the competitive L.A. Music Scene. Faithfully re-creating a live Doors Concert on stage. The music is painstakingly reproduced and combined with the voice, look and essence of Jim Morrison live on stage (performed by lead singer Dave Brock).

For more information goto:

<http://mountainsfoundation.org/music-in-the-mountains>

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★ JOHN ★ WAITE

W O R L D W I D E

July 23



July 23, 2016 | Gates Open @ 5 PM | Big Bear Discovery Center Amphitheater

John Waite with special guest Crazy Tomes

Tickets: \$35* - \$75*

Countless musicians of far lesser accomplishment have probably made similar statements regarding their own personal creative process, but when the confession comes from John Waite - whose been successfully writing, recording and performing some of the most listenable, enduring and appreciated popular music for more than 35 years - one cannot help but both recognize and marvel at the shimmering legacy of this British born rock star.

For more information goto:

<http://mountainsfoundation.org/music-in-the-mountains>



August 6, 2016 | Gates Open @ 5 PM | Big Bear Discovery Center Amphitheater

DSB - An American Journey with special guest Wanted - A Tribute to Bon Jovi

Tickets: \$25* - \$40*

DSB has been highly revered as the "next best thing" to Journey. They have captured the lush, signature sound of renowned vocalist Steve Perry and Journey in their prime. Complete with a band of world-class Los Angeles musicians, DSB remains true to Journey's musical legacy and delivers the nostalgic concert experience that will keep you Believin'!.

For more information goto:

<http://mountainsfoundation.org/music-in-the-mountains>

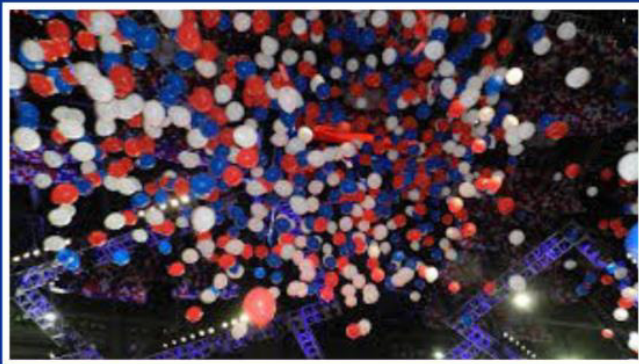
VOLUNTEERS NEEDED



THE CITY OF GLENDALE
Community Services & Parks Department

Unconventional Workday **(Third Saturday Wilderness Workday)**

Once every four years the two major political parties hold Conventions to select their Presidential Candidate.



We can't wait four years! We need to be in the park every month! Volunteers can come and join our party to water trees, remove invasive weeds, complete park maintenance projects and more. This type of work might seem unconventional to some, but to our loyal supporters it's a normal Saturday in Glendale. There will be work for all ages and abilities. Individuals, families, clubs, scouts, and those needing Community Service hours are invited to attend and throw their hat into the ring.

◆ WHEN:

Sat. July 23, 2016
8:00 a.m. - Noon

◆ WHERE:

Deukmejian
Wilderness Park
3429 Markridge Rd
Glendale, Ca 91214

◆ WHAT:

Snacks and drinks
will be provided

Wear sturdy shoes, a hat,
and protective clothing

Bring your water bottle,
sun screen, and gloves

◆ Want More:

Call (818) 548-3795

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GLENDALEPARKS&
OPENSOURCE
FOUNDATION



REASONABLE ACCOMMODATIONS WILL BE MADE UPON REQUEST.
PLEASE NOTIFY US WITHIN 72 HRS PRIOR TO EVENT DATE.

VOLUNTEERS NEEDED



THE CITY OF GLENDALE
Community Services & Parks Department

“I Pity the Experimental Forest” (Experimental Forest Workday)

◆ **WHEN:**

Sat. July 30, 2016

9:00 a.m. - Noon

The fire gate will close at 9:15 a.m., so please be prompt

Gates will reopen at 12:00 p.m. (Conclusion of the event)

◆ **WHERE:**

Meet at La Tuna/Hostetter Fire Road intersection in the Crescenta Valley, where La Tuna Canyon Road crosses the 210 Freeway

◆ **WHAT:**

Snacks and drinks will be provided

Wear sturdy shoes and protective clothing, bring water, sun screen, gloves and a hat

◆ **You Must R.S.V.P.**

Call (818) 548-3795

To paraphrase our idol Mr. T, “We Pity the Experimental Forest”. It has been over a year since we made a visit into the Verdugo Mountains to care for the trees (we were rained out in January 2016).



When we reach the destination, our work will include watering of the trees, and weeding around the established plants.

We will spend three hours in the Forest including the travel time. Our trip will be up the undeveloped Hostetter Fire Road into the mountains. This road requires high clearance vehicles. There are no bathroom facilities available. Space is limited, so you must call us at (818) 548-3795 to R.S.V.P. Don't be a fool...make your plans to join us.

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GLENDALE PARKS &
OPEN SPACE
FOUNDATION



VOLUNTEERS NEEDED



THE CITY OF GLENDALE
Community Services & Parks Department

Riverwalk Workday **(on the Glendale Narrows Riverwalk)**

◆ **WHEN:**

Sat. July 16, 2016
8:00 a.m. - Noon

◆ **WHERE:**

**Glendale Narrows
Riverwalk**
300 Paula Ave.
Glendale, CA 91201
**(corner of Paula Ave
& Garden St)**

◆ **WANT MORE**

Call us at
(818) 548-3795

**Everyone must sign
a waiver prior to
working. Minors
must provide a
waiver signed by a
parent or guardian.**

**Join our monthly workday as we weed and
maintain the landscaped areas along the
Los Angeles River in the City of Glendale.**

**Participants are asked to
wear sturdy shoes, protec-
tive clothing, long pants,
hat and sun protection.**

**We will provide the tools,
gloves, drinks and snacks,
but if possible bring your own work gloves,
water bottle and hand clippers.**



**Families, individuals, groups,
clubs, and students needing Community
Service hours are encouraged to attend.**

**Հայերեն տեղեկությունների համար զանգահարել
հետևյալ հեռախոսահամարով (818) 548-2000**

Para información en español, llame a (818) 548-2000

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**GLENDALE PARKS &
OPEN SPACE
FOUNDATION**



VOLUNTEERS NEEDED

- **AC100** <http://www.ac100.com>

VOLUNTEERS

If you are involved in mountain trail endurance running, you know it takes a small army of volunteers to put on a "point to point" 100 mile endurance run.

We need:

1) help at several late wilderness aid stations:

- Idlehour Checkpoint at 83 miles,
- Sam Merrill Checkpoint at 89 miles and
- Millard Checkpoint at 95 miles into the race.

2) help staffing our kitchen at the Finish Line at Loma Alta Park in Altadena.

3) medical volunteers as part of the new Ultra Medical Team, i.e. Paramedics, Nurse, EMTs, First Aid. Everyone that volunteers with the Ultra Medical Team is covered for professional liability (a.k.a. medical malpractice) insurance.

Go to <http://ultramedicalteam.org/> to the SignUp tab where you can read about the Ultra Medical Team.

4) help trail marking

5) help trail sweeping (preferably with HAM radio).

6) experienced trail maintenance people that can lead large AC100 Trail Maintenance teams on the weekend starting in early April through middle of July.

If you are available on August 6/7, 2016 (Sat/Sun),

Please contact: Ken.hamada3gmail.com

Any help will be appreciated.

VOLUNTEERS AT WORK



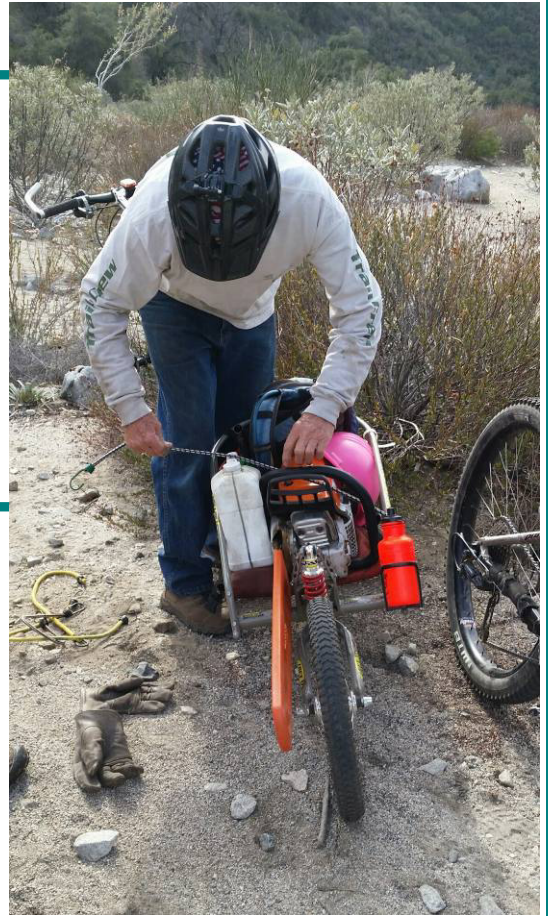
David Ledford leads a team of sawyers from ANF, with help from LPNF sawyers to tackle a 40" downed oak across the trail 3 miles from the Switzer Falls Trailhead.

Photo by Mark Subbotin

VOLUNTEERS AT WORK

Mike McGuire
Securing his
chainsaw after
a day removing
fallen trees
from the Haines
Canyon Trail.

Photo by
Robin McGuire



Mike McGuire
supervising the safe removal
of a downed tree off the
Gabrielino Trail.

Photo by
Robin McGuire



VOLUNTEERS AT WORK



The Dark Canyon trail being surveyed by the JPL Trailbuilders. Photo by Hartmut H. Aumann

Mt Lowe road being cleared of rocks by the Restoration Legacy Crew.

Photo by Brenda Beck



Dawn Mine work by Thurman & Lauren of the Restoration Legacy Crew. Photo by Brenda Beck

VOLUNTEERS AT WORK

Dawn Mine work by Christy & Thurman of the Restoration Legacy Crew.

Photo by Brenda Beck



VOLUNTEER GROUP NEWS

AC100 <http://www.ac100.com/>

- August 6th : 2016 race. (See the Volunteers Needed Page)
 - July 23rd : Trail Work Again restricted to the 1st 30 who RSVP to Hal
- Meet at at 7 AM Hahmongna Park – Ball Diamond
Trail Work Location TBD
Location, maybe Cooper Cyn below Cloudburst.

Angeles Mountain Bike Patrol m.rmccuire@hotmail.com

- Working with the Mount Wilson Biking Association restoring the Ken Burton trail, removing trees off the Arroyo Seco, Grizzly Flats, and Haines canyon trails.

- We are continuing with the patrolling the Strawberry Trail loop.

Our mission is to provide educational and a responsible image to all trail users. To encourage rider's to obey forest regulations and working to preserve and protect trails. A.M.B.P is here to serve and inform the public

Angeles Mountain Bikers and Trail Keepers

Mark Gage mrgv33@hotmail.com

- Trail Maintenance- "Gardening by the Mile not the Yard"

Hikers and Bikers working together on trails. We work on the trails almost every Saturday

P 18
vol. 7
Issue 15

ANGELES NATIONAL FOREST FIRE LOOKOUT ASSOCIATION

<http://www.anffla.org>

Pam Morey pammorey@fs.fed.us

Forest Care Program Coordinator

909-744-9510 ext. 125

- **BECOME A FIRE LOOKOUT!** It's probably easier that you realize to become an active Fire Lookout with the ANFFLA. It just takes a few classes training (which are quite fun!) and the desire to spend some time in the Angeles National Forest. For more information about becoming a fire lookout pammorey@fs.fed.us or 909-744-9510 ext. 125
- **Help support ANFFLA every time you shop!**
Register your Ralphs Club Card and your Food4Less card and ANFFLA will receive a donation every time you shop. It's an easy to help support our efforts and costs you nothing!

Arroyos and Foothills Conservancy <http://www.arroyosfoothills.org/>

John Howell, (626) 796-0782 johnrhowell@earthlink.net

Face book: Arroyos & Foothills Conservancy

- **July 9th Rubio Canyon Volunteer Day 10:00-11:00 am**

Join us at Rubio Preserve as we pull weeds and improve the historic trail. Learn to identify the plants of the San Gabriel Mountains and their uses. Bring water and dress appropriately. For more information, contact Tim Martinez at timmartinez@arroyosfoothills.org

- **July 9th Rosemont Preserve Restoration Day 9am – 12pm**

- **July 16th Old Marengo Gardening 9am – 12pm**

Join us as we collaborate with Altadena Heritage to beautify Old Marengo Park! Help neighbors and friends plant native plants, pull weeds, and bring nature back into the city. Old Marengo Park is located at the intersection of Marengo Ave and Woodbury Rd in Altadena, CA..

BEAR CANYON TRAIL CREW

bearcanyontrailcrew@gmail.com

Andy Hoyer 213-675-0420

The Bear Canyon Trail Crew will be taking the summer of to enjoy the Angeles Forest . Will be back to work on October! Will be posting our future schedule at the meet up group: <https://socalhiker.net/>

Big Santa Anita Canyon <http://www.bigsantaanitacanyon.com/>

- 2016 Live Music Events (Check the Volunteers fun pages)
- Open Year round, 6 am to 8 pm every day.
- The road is gated and the gate is locked at night. Be sure to return to your car before 7:30 pm or you may not get out! During and after heavy rains, fires, or after significant earthquakes, and during fire alerts the road may be closed.
- The Sierra Madre Police Dept. is in charge of locking/unlocking the gate. If you are concerned that the road might be closed you can call them for info: 626 355-1414.
- Adams Pack Station Contact: Friday, Saturday & Sunday 8:00 am - 5:00 pm (626) 447-7356

Blight Busters Trail Crew

Danny Treadway dayhiker86@yahoo.com

California Trail Users Coalition (CTUC) <http://www.ctuc.info/ctuc/>

Events Calendar: <http://www.ctuc.info/ctuc/index.php/ctuc-calendar>

• **July 20th MEETING**

Come and Join Us CTUC meets at 5:00 p.m. at 3550 Foothill Blvd., Glendale, CA.

Our meetings are open to everyone who wishes to participate. Volunteers have a great time working together on these types of projects

To volunteer on one of our projects, please join us by contacting our Chairman, Terry Kaiser at:

<http://www.ctuc.info/ctuc/index.php/contact-us/27-ctuc/9-terry-kaiser>

CITY OF GLENDALE

Parks, Recreation & Community Services Dept
818-548-2000

CALENDAR: <http://www.glendaleca.gov/residents/calendar/-curm-07/-curv-2016>

- **July 9th Native Bees of Southern California**
(Check the Training Opportunities pages)
- **July 16th Riverwalk Workday** (Check the Volunteers Needed Pages)
- **July 23rd Unconventional Workday (Third Saturday Wilderness Workday)**
(Check the Volunteers Needed Pages)
- **July 30th I Pity the Experimental Forest? Experimental Forest Workday**
(Check the Volunteers Needed Pages)

Community Hiking Club

<http://communityhikingclub.org/>

Dianne Erskine Hellrigel
email: zuliebear@aol.com
phone: 661-259-2743

• **July 2nd Towsley Canyon View Loop Trail and back via the new Elder trail**

Distance: ~ 3 miles

Gain: ~ 500 feet

Rating: Easy++

Description: This hike is short, easy and family friendly. We hope to have you back home to wake any late rising visitors you have in town for the 4th. Better still bring them along!

The Canyon View Loop Trail, which offers a short loop in Towsley park (1.9 miles), skirts the ridges between Wiley Canyon and Towsley Canyon. The trail ends in the shady garden at the end of Towsley Canyon Road, alongside Towsley Lodge, an old ranch house. Rather than coming back along the driveway, we will take a look at the newly opened Elder trail which winds into the hills North of Towsley before turning back South to drop us back in the parking lot.

(cont to next page)

Community Hiking Club

(Towsley Canyon View Loop Trail and back via the new Elder trail cont)

VOLUNTEER GROUP NEWS

Directions to Towsley Canyon carpool meeting spot:

From North (Valencia) - Take the I-5 South to the Calgrove exit. Exit, turn right. Go through the signal and immediately turn right into the driveway for Towsley Canyon (look for signs and a mailbox for the park). Drive a tenth of a mile up Towsley Canyon Road to the first gravel parking area on the right. The lot is labeled with a sign that reads, "Rivendale Ranch at Towsley Canyon"; free parking provided by the City of Santa Clarita.

From South (LA) - Take the I-5 North, kept left at HWY 5/14 split until next Exit (Calgrove Blvd.). Exit, turn left at bottom of ramp. Go through the signal and immediately turn right into the driveway for Towsley Canyon (look for signs and a mailbox for the park). Drive a tenth of a mile up Towsley Canyon Road to the first gravel parking area on the right. The lot is labeled with a sign that reads, "Rivendale Ranch at Towsley Canyon"; free parking provided by the City of Santa Clarita.

Meet your leader: Meet inside Towsley Canyon (beyond the green gate) at the first inside gravel Parking lot on the right. Look for group of hikers.

Due to Summer heat, we will start early. Meet at 7:30AM for a 7:45AM SHARP departure up the trail.

Bring: A light snack (e.g. granola bar/ piece of fruit) to munch on as you go and water (2-3 liters recommended if hot), some electrolytes if it is a hot day, sunscreen, hat, and hiking poles, if you have them.

No flip flops or tennis shoes.

Adventure Pass: Not required.

Dogs: OK, but must be kept on a short leash and well-behaved around people with hiking poles and especially other dogs. We do not recommend you bring your dog due to the possibility of heat and tar seeps in various places along this trail.

Kids: If adventurous and say > 10 are welcome.

Leader: Dianne

• July 9th - Devil's Punchbowl to the Devil's Chair

Distance: ~7.4 Miles total (out and back)

Gain: ~ 615'

Hiking Time: 3-4 hours

Difficulty: Moderate + (for gain at start and hiking at an altitude of 4750 ft.)

Description: BACK BY POPULAR REQUEST!! The Devil's Punch Bowl (below) is a gorgeous site with protruding rocks and sheer rock faces. On the northern slopes of the San Gabriel Mountains, near Littlerock, California and Pearblossom, California, this 7 miler is a round trip, out and back hike. It includes some altitude and a mild climb in the first mile. After that first mile, the trail is fairly flat winding in and out of the canyons and trees, providing great views up the mountains behind and out over the desert below. It is one of the most scenic forest hikes in our area.

Leader's Notes: For everyone's enjoyment, depending on the number of hike leaders we have available, we will try to organize a faster group and a more moderate paced group. It is difficult to get lost on this trail.

NOTE: If you are uncomfortable with heights, narrow trails with adjacent drop offs, sections with loose scree (rock chips) or similar, this hike is probably not for you. <https://en.wikipedia.org/w>

[https://en.wikipedia.org/wiki/Devil%27s_Punchbowl_\(Angeles_National_Forest\)](https://en.wikipedia.org/wiki/Devil%27s_Punchbowl_(Angeles_National_Forest))

We will head around the Devil's Punchbowl and out to the Devil's Chair.

(cont to next page)

Community Hiking Club (cont)**(Devil's Punchbowl to the Devil's Chair cont.)****Carpooling from Santa Clarita:**

Meet at Towsley Canyon , 24489 The Old Rd, Santa Clarita, CA 91381 GPS: 34.358431, -118.555237
Meet at 6:45AM for a 7:00AM SHARP departure to caravan out to the trail head (directions below). We are starting earlier than usual to try to avoid the heat. Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas.

Or, if you like, go straight to the trail head located at:

28000 Devil's Punchbowl Rd., Pearblossom CA 93553

Meet your leader in the corner of the trailhead/ nature center Parking lot (near the porta potty). There are also other bathrooms behind the nature center.

We should all arrive by ~ 8:00AM for a 8:15AM SHARP departure up the trail.

Directions to trail head (we recommend these over the address + Google maps):

Take the SR-14 North to the Angeles Forest Hwy exit, Exit 30, and go towards Pear Blossom Highway, keeping on left of the ramp toward Pearblossom Hwy/Littlerock/Victorville. Merge onto Sierra Hwy. Stay straight to go onto Pearblossom Hwy. At the light, turn right onto Pearblossom Hwy/CA-138. Turn right onto 87th St E. Take the 2nd left onto Fort Tejon Rd. Turn right onto Longview Rd. Turn left onto Tumbleweed Rd. Turn slight right on to Devil's Punchbowl Road. 28000 Devil's PunchBowl Road is a cul de sac parking lot, at the end of the road.

Bring: A snack/lunch, water (3 liters is recommended), electrolytes, sunscreen, hat, hiking poles if you have them, and your camera. Bring an extra layer in case it is windy. Have hiking boots with tread - no gym shoes or flip-flops. No poison oak expected on this trail.

Adventure Pass: Not required.

Dogs: OK , if on leash and well behaved around other dogs and people with hiking poles. If forecast looks to be very hot, we do not recommend you bring your dog.

Leader: Steve

- **July 16th**

Bear Divide up to Camp 9 / Over to Wilson Saddle and down the Los Pinetos trail to Walker Ranch

Distance: 8 Miles

Gain: 1068'

Hiking Time: ~4 hours

Difficulty: Moderate (for distance and some decent gain, all in the first 2 mile section)

Description: This hike is one of our favorites and has good stretches of shade for this hotter weather. The first 2 miles, uphill from the Bear Divide parking area, is along a very shady pine forest single track up to Camp 9 Wildland Fire fighting camp. It is beautiful in itself (but that 1068' of gain kicks a bit of butt!). With the gain out of the way, we'll take a short washroom break, get our breath back, and enjoy the view of the Valleys to the North and South.

We will check out the Fire Camp (which used to be a Nike missile base LA-94 during the Cold War). Here is a great Signal article with memories of the Nike Missile site

<http://www.signalscv.com/archives/10205/>

We then follow dirt service road 3N17, which offers views of the San Fernando Valley, Santa Clarita, Aqua Dulce, etc. If it is clear you may be able to see the ocean and Catalina island, so bring your camera. When we reach Wilson Saddle, we'll take a break for lunch, grab some more views of the San Fernando valley before heading down a winding single track through beautiful shady oak woodlands of the Los Pinetos Trail and back to the cars at Walker Ranch (see shuttle details below). We then will need to shuttle our carpool drivers back to Bear Divide and everyone else can leave.

(cont to next page)

(Bear Divide up to Camp 9 / Over to Wilson Saddle and down the Los Pinetos trail to Walker Ranch cont)

Meet At Walker Ranch:

Please do not go directly to Bear Divide. Meet at 6:45AM to organize the carpool for a 7:00AM SHARP departure the short distance over to Bear Divide. We need most of the cars to remain at Walker Ranch and will sign in there.

Directions to Walker Ranch Meeting Spot - 19386 Placerita Canyon Road, Santa Clarita:

From the I-5 Freeway, take the SR-14 North to Placerita Canyon Exit. Exit, turn right and go approximately 4 miles on this road. (At about 2 miles you will pass Placerita Nature Center on your right). Approximately 2 miles after passing the Nature Center, you will see a wooden sign at a gate on your right that says, "Walker Ranch/Placerita Canyon Natural Area". Pull over at this turn out, or just beyond it and park. DO NOT block the gate.

Dogs: OK, must be on a leash and well behaved around other dogs and people carrying hiking poles. If we carpool and you bring a dog, please be one of the carpoolers to drive over to Bear Divide. If it is hot we do not recommend bring your dog.

Adventure Pass: Not required.

BRING: Hiking Poles, lunch/snacks, at least 2 - 3L of water and some electrolytes (e.g. Gatorade), camera, hat and sunscreen. Wear hiking shoes/boots with good tread - No flip-flops! This is important as final decent to Walker ranch is steep and sandy/ slippy.

Leader: Steve I.

• **July 23rd - BEAT THE HEAT - Sawmill Mountain via Mount Pinos - Easy or Moderate, your choice!**

Distance: 4 miles or 7 miles, out and back.

Gain: About 500' in first 4 miles and another 600' if doing the full hike

Rated: Easy+ if doing the first 4 miles only; or Moderate for full 7 mile hike

Time: About 4 hours, including a 20 minute lunch break.

Description: Listen to the swush of the wind as it gently caresses the huge pines teasing out their fragrance. This 4 or 7 mile hike takes in 1 or 2 summits (Mount Pinos and then Sawmill Mountain). The nice thing is that you can make it an "Easy" or "Moderate" hike. The hike is an "out and back", regardless of which one you chose and is well marked, so you can turn around after the "Easy" (2+2 mile) hike or whenever you like after that.

Beginning hikers can summit Mt. Pinos, enjoy the views, and fresh mountain air before heading back down to the parking lot at their own pace.

Moderate hikers should be easily able to complete both summits (3.5 + 3.5 miles).

First, we summit Mt. Pinos (8831 ft.) from the Trail head (8340 ft.) for an "Easy" 4 mile Round Trip hike, made a little more difficult due to the altitude. Then, if you continue with us down some switchbacks and up some others you arrive at Sawmill Mountain (8818 ft). This will add another 3 miles RT and another 600 ft of gain to give you 7 mile total distance and 1100 ft total gain for a nice "Moderate" hike.

Mount Pinos is the highest point in Ventura County and lies on the edge of the Chumash Wilderness of the Los Padres National Forest. Mount Pinos, created over 100 million years ago was known as Iwihinmu to the indigenous Chumash people. The slopes are a mix of sub-alpine, white fir, and Jeffry Pine habitats. The views from Mount Pinos are beautiful, including the patchwork quilt of agriculture in the San Joaquin Valley to the north, the Tehachapis to the east, and the Carrizo Plain and Temblor Mountains to the northwest.

Bring: Poles if you have them, lunch/ snacks, bug spray and bug net, 2-3 liters of water/ 1 liter electrolytes, sunscreen, lip balm. The views are spectacular, so bring your camera.

Adventure Pass: Required ,when parking at the Mt. Pinos Trail head (These can be obtained at any BIG 5 Sporting Goods store or Ranger station; \$5 for a day pass, \$30 for a year pass.

(cont to next page)

(BEAT THE HEAT - Sawmill Mountain via Mount Pinos cont)

Directions (from Santa Clarita Valley): Allow 1 1/2 hours to get to trailhead from Santa Clarita. Take the I-5 North ~ 40 miles to the Frazier Park off ramp. Exit, turn left under highway. Go West on the Frazier Park Road for about 12 miles passing Lockhart Valley Road (on the left) until you see signs for Mt. Pinos. Stay to the left at the fork and follow the road as it twists and turns 9 miles up the mountain to the Nordic Hut parking area at the very top. Park on the left side, by the Mt Pinos trailhead, and look for us there. If you wish to carpool - meet at Towsley Canyon at 6.45AM to check in for a 7.00AM SHARP departure. Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas - THX.

Those intending to do only Mt. Pinos are encouraged to carpool with other "Easy" hikers, or drive alone to avoid waiting for the rest of a carpool.

Meet your leader: At the Mt Pinos parking lot trail head at 8:15 AM; we will depart up the trail to Mt Pinos at 8:30 AM SHARP (or when SCV carpoolers. who have checked in. get there).

Leader: Dianne

• **July 30th, 2016 - Temescal Canyon and Will Rogers' Estate (A Short or Longer hike - your choice)**

Length: 4 mile (Temescal Canyon Loop only); plus the option of another 5.5 miles (Will Rogers Estate) = 9.5 miles for both parts.

Gain: 1500 ft. for both

Rating: Moderate for both hike parts

Description: This Is a beautiful, cool hike in the hills above the great Pacific Ocean. It starts out with an uphill climb to a little waterfall, then winds through lovely chaparral, exposing views of the ocean and the gorgeous hilltop homes of Pacific Palisades.

The first part of the hike is a 4 mile loop which starts and ends at Temescal Canyon Ranger Station. Once we've returned to this spot, beginning hikers can depart if they wish, or continue another 5.5 miles on to a trail that ends at the Will Rogers Estate.

The second part of the hike is a 5.5 mile loop to the Will Rogers Estate that rises up to a transverse trail that parallels Sunset Blvd going East. We pass through chaparral and woodland areas, cross behind secluded woodland homes and finally down into a canyon that leads back up and into the Will Rogers Estate. You may see deer in this area, so remember to bring your camera.

Meet your Leader/Carpooling from Santa Clarita: Meet at Towsley Canyon , 24489 The Old Rd, Santa Clarita, CA 91381 GPS: 34.358431, -118.555237 Meet at Towsley parking lot (SCV) in front of the gate at 7:00AM to organize carpools for a departure to the trail head at 7:15AM SHARP. It is best to carpool, as there is a \$7.00 fee to park at Temescal canyon.

If you prefer to drive, here are the directions to the Temescal Canyon trailhead:

Head south on Hwy 5 until intersection with 405 South. Take the 405 South to the Sunset Blvd exit (after the Getty center). Head West on Sunset about 6 miles, almost to the end. Temescal Gateway Park is located at the top of Temescal Canyon Road where it intersects with Sunset Blvd, one mile from Pacific Coast Hwy (PCH). **Be sure** to make a COMPLETE stop at the stop signs in the park or you WILL get a ticket in the mail (a camera automatically issues the tickets!) Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas - THX.

Those intending to do only the Temescal Canyon portion are encouraged to carpool with other hikers having similar plans, or drive alone to avoid waiting for the rest of their carpool.

Trailhead address: Sunset Boulevard & Temescal Canyon Road, Pacific Palisades, CA 90272

Trailhead coordinates: 34.050217, -118.529141 (34° 03' 00.78"N 118° 31' 44.90"W)

Walk toward the trail (it is at the back of the furthest/upper Temescal Canyon parking lot). MEET in front of the bathrooms on the right in this lot at 8:00AM. We will leave promptly when the carpools arrive from Towsley ~8:15 AM latest.

Bring: Lunch/ snacks, water (3 liters recommended including 1 liter of electrolytes if it is a hot day), camera, hiking poles and good hiking shoes - no tennies or flip flops.

Dogs: Sorry, NOT allowed on this trail by park order.

Leader: Dianne

HABITAT WORKS

<http://www.habitatwork.org>

Kim Clark or Tom Persons 818-353-4653

For more information call or e-mail to: wildlife@habitatwork.org

VOLUNTEER GROUP NEWS

Haramokngna American Indian Cultural Center

<http://www.haramokngna.org/> (626) 449-8975.

- Rudy Ortega Jr. along with the Tataviam Senior Program (Rudy Ortega Sr. Park staff), Haramokngna staff, and volunteers have began a reconstruction phase, an extensive plan envisioned since the centers opening in 1997.
- **Our Center is open seasonally**, from Spring-Fall. Our normal hours are Saturday and Sunday, 10:00am-4:00pm. We are also available weekdays by appointment. Visitor Center hours may vary due to volunteer staffing. Please contact us by phone or email to confirm availability. center@haramokngna.org
- **Volunteers** As a cultural, environmental and arts organization, Haramokngna American Indian Cultural Center shares the flavor of Native American history, culture, traditions and arts with the Los Angeles community. We are always looking for energetic individuals ready to represent the Cultural Center during special events and regular office hours If you are interested, please call us at 626-449-8975. Or email us at center@haramokngna.org

High Country Riders

Forest wide equestrian volunteer group that packs

Equipment, Material and Supplies etc. to your Trail or worksite. Packs Trash & Rubbish out of the Forest.

Contacts: Jonathan Schultz phone: 951-830-3400 e-mail: maujds@earthlink.net

- Forest Certified Animal Packer
- Master Teacher for "LNT"
- "C" Crosscut Saw Certifier
- Chainsaw "B" faller

Contacts: Glen Foster phone: 760-949-3497 or 760-508-0344

- Certified Packer e-mail: pjgwfooster@aol.com

JPL TRAILBUILDERS

Kathie Reilly 626-379-8429 Jack Russell 562-861-3187

(Rain day before or day of outing cancels the outing)

• July 16th Outing

WHAT'S PLANNED It all depends on the weather where we will work. Most of the trails that we work are in the sun (Mt Lowe East and West, San Gabriel Peak, Colby Canyon and Dark Canyon). Call the leader the day before if you need to know, otherwise just show up and we'll figure it out.

BRING: Dayhike gear(daypack, lunch, lots of water), sun screen, bug repellent, hat, and work gloves. Please make sure you wear long sleeves, long pants and boots in order to be able to use tools. You can bring your own tools or are welcome to use those from our group supply. We provide hard hats.

MEET: At 8:15 am at ball diamonds parking lot in the lower part of Hahamongna Park. Get off the 210 freeway at Berkshire off-ramp and follow the signs for JPL and Hahamongna Park. Once you turn into the Park, go down the driveway, make a right at the bottom and look for us in the parking lot. (If that is full, we park in the dirt lot directly at the bottom of the driveway) We sign in and form carpools, leaving at 8:30 sharp, returning around 4 PM. The leaders take passengers, but make sure you have plenty of gas in case we need more drivers (riders can give drivers \$1 towards gas). If you need to leave early, notify the leaders at sign-in time.

Mt. Disappointment Endurance

www.mtdisappointment50k.com

Gary Hilliard, Director

For more calendar details go to: <http://www.mtdisappointment50k.com/trailwork.shtml>

Trail Work 2016 dates are:

- July 9th 07:00 - The Race is on!

Mount Wilson Institute

<http://www.mtwilson.edu/>

P. O. Box 1909, Atlanta, Georgia 30301-1909
(404) 413-5484

☺ **Cosmic Cafe is now open & guided tours on Saturday/Sunday**

We Need Your Help - Mount Wilson Observatory is privately owned and receives no continuing state or federal support. You can help ensure the continued operation of this science heritage.

- **Join** our Friends of Mount Wilson Observatory organization to receive a variety of member benefits and stay informed on the latest scientific and other activities from the mountain.
- **Contribute** to our Second Century Campaign. As Mount Wilson continues into its second century, a capital campaign is being developed to preserve this great observatory for future generations.

Mount Wilson Bicycling Association <http://mwba.org/>

Contact: Matt Lay matt@mwba.org

- **July 1st MWBA Beer Night - Ride to Craft Beer Cellar Eagle Rock**

Our mission has changed very little over the years. MWBA still advocates responsible trail use in the San Gabriel Mountains and we still work on trails that need maintenance due to use, weather and age. If you are interested in giving back to the community by working on a trail and meeting cool mountain bikers, come on out and join us! <http://mwba.org/join/>

Mount Wilson Race

<http://www.mountwilsontrailrace.com/HOME.html>

Pete Siberell Chair, Mt. Wilson Trail Race

- **Planning for the 2017 Race!**

Pacific Crest Trail Association

<http://www.pcta.org>

FACE BOOK: <http://www.facebook.com/#!/PCTAFan>

Liz Bergeron LBERGERON@PCTA.ORG

Sacramento, CA Phone: (916) 285-1846 x 26

- **July 15th to 17th TahoeTrail I Skills college in Truckee, California**
(Check the Training Opportunities pages)
- **Oct 2016 Southern California Trail Skills college**
(Check the Training Opportunities pages)

San Gabriel Mountain Trail Builders <http://www.sgmtrailbuilders.org>

The San Gabriel Mountains Trailbuilders (SGMTB) is an all-volunteer public service organization dedicated to constructing and maintaining hiking trails in the San Gabriel Mountains' Angeles National Forest in Southern California.

If you would like to volunteer your time,

Call: Ben White: 626-303-1078

Or E-Mail | benw@SGMTrailbuilders.org

If you would like to work with the Mount Baldy Group

Contact The Baldy Group: bttbs.ysh@live.com

SCENIC MT. LOWE RAILWAY

WEB: <http://www.mtlowe.net/>

FACEBOOK: www.facebook.com/mountlowevolunteers/?fref=ts

Brian Marcroft 562-868-8919 E-mail: Emworks@verizon.net

Our mission is to preserve the remnants (structures, trails, artifacts) of the Mount Lowe Railway in the Angeles National Forest. We work under the authority of the Angeles National Forest along with a cadre of many other volunteers who help with various projects to protect the Forest.

VOLUNTEER GROUP NEWS

Sierra Club

1750 North Altadena Drive, Pasadena, CA 91107

213-387-4287

For more calendar details go to www.angeles.sierraclub.org/pasadena/

• July 4th Moonlight Hike to Mt Lowe from Eaton Saddle

• July 6th Summer Benefit Night at Canoe House:

Join us for an evening of good food, casual conversation, and learn about our group's summer and autumn outings and conservation activities. A percentage of proceeds from your meal order will benefit Pasadena Group conservation and outreach activities. Dinner 5 PM - 8 PM (come any time) Canoe House, 805 Fair Oaks Ave; South Pasadena.

Coordinators: David Czamanske, Elizabeth Pomeroy

• July 10th Dawson Saddle to Mt Baden-Powell (9399')

• July 17th Dinner at Chez Concrete Dining Slab with Moonrise (6:15 PM), Sunset (8 PM)

SOUTHERN CALIFORNIA MOUNTAINS FOUNDATION <http://mountainsfoundation.org/>

Sarah Miggins smiggins@fs.fed.us 909-382-2796

602 South Tippecanoe, San Bernardino, California 92408

For more calendar details go to <http://mountainsfoundation.org/calendar?year=2016&month=07>

• July 2nd/29th/30th Build a Birdhouse

• July 8th Campfire-Wildhaven Ranch

• July 9th Campfire-Star Party

• July 2nd/4th/10th/11th/24th Campfire Program

• July 2nd/16th/30th Gold Panning

• July 9th Intro to Geocaching

• July 16th/30th Music in the Mountains

(CHECK THE FUND RAISER PAGE!)

• July 2nd/16th/30th Nature Crafts

• July 3rd/7th/14th/21st/28th Noon Walk

• July 2nd/3rd/9th/10th/16th/17th/23rd/24th Nature Walk

• July 7th/14th/21st/28th Night Hike

• July 2nd/15th/22nd/29th/30th Ranger Talk

• July 2nd/30th Story Time

Tree People <https://www.treepeople.org/>

FACEBOOK: <https://www.facebook.com/TreePeople1/?fref=ts>

12601 Mulholland Drive

Beverly Hills, CA 90210 Telephone (818) 753-4600

For more calendar details go to: <http://www.treepeople.org/calendar>

• Drought Solutions Tour and Native Plant Walk July 2nd

• Doggy Hikes July 9th

• Family Tours and Native Plant Exploration July 24th

• Generation Earth Facilitating Environmental Service Learning July 21st

• Moonlight Hike July 15th

• Park Work Day July 7th

• Park Tree Care July 7th/9th/10th/14th/16th/23rd

• Park Tree Care CANCELED July 30th

• Volunteer Supervisor Training July 16th

Volunteers of the Angeles National Forest

Wrightwood, CA

<http://www.grassyhollow.net/>

Visitor Center Phone #: (626) 821-6737

Loren Lake lorenll@verizon.net

The Grassy Hollow Visitor Center and Grounds are open for day-use only

Hours: Saturdays, Sundays and Holidays 10:00 am to 4:00 pm

Weekdays- for school groups, youth organizations, etc. By Appointment

• **July 9th @ 1 PM BIRD TALK**

Want to see more local Birds? Come find out how! Enjoy learning about the many birds of our area by hearing a local authority on Birds and their habitat. Then see how many you can identify right from our bird deck at Grassy Hollow!

Time: 1 hour

Location: Grassy Hollow Visitor Center

Leader: Joan McCandless, resident “Bird Whisperer” and Volunteers of the Angeles National Forest

• **July 9th @ 2PM INTRODUCTION TO THE TREES ON THE JACKSON FLAT LOOP TRAIL**

NEW NEW!! Come join us for a hike in the forest to learn about the local trees of the area

Bring water, wear sturdy shoes and appropriate clothing. Adventure Pass required.

Time: Approx. 3 hours. Moderate 4.8 mile hike.

Location: Grassy Hollow Visitor Center

Leader: Tree Galey - Webb, Volunteer of the Angeles National Forest

• **July 10th @ 9AM EARTHQUAKE WALK**

Join us for a walk along a local stretch of the famous San Andreas Fault and learn about Earthquakes from a well versed naturalist guide. See many interesting formations.

***Easy 1.5 mile hike**

Time: Approx. 1 ½ hours

Location: Apple Tree Campground

Leader: Gail Nieto, Former President of Volunteer of the Angeles National Forest.

• **July 16th @ 11AM – 4PM MOUNTAIN MAN**

Would you like to meet a REAL “Mountain Man” and his pack animals? They will show you the Old Ways for Modern Days. He’s riding in today to the Grassy Hollow Amphitheater to advocate good trail manners and to promote the use, care and development of California Backcountry Trails, Campsites, Streams and Meadows; He has a wealth of information to share and demonstrate with visitors.

Time: All Day 11AM to 4PM

Location: Grassy Hollow Visitor Center

Leader: Terry Haider, Santa Ana River Unit

• **July 16th @ 2PM KIDS CAMPING 101**

Learn basic camping skills, how to pick a spot, clear it, and put up a tent. We will learn campfire fire safety and then we’ll hike the nature loop.

***Easy 1 mile hike.**

Time: Approx. 2 hours

Location: Grassy Hollow Visitor Center

Leader: Sabrina Johnson, President of Volunteer of the Angeles National Forest

• **July 16th @ 7:45PM ,**

FULL MOON HIKE CAMPFIRE & CRAZY SOCK PATTERN CONTEST NEW!! NEW!!

Come join us for a hike through the forest and enter in the Crazy Sock Pattern Contest, you could win first prize! Afterwards stay for the campfire and roast marshmallows. Fun for the whole family.

Bring a flashlight, please wear sturdy shoes, dress warm and bring a blanket or a chair.

Easy 1.5 mile hike. (If you want a marsh mellow please bring a wire hanger)

Time: Approx. 1 ½ - 2 hours. (7:45 - 9:45PM)

Location: Grassy Hollow Visitor Center

Leader: Sabrina Johnson, President of Volunteer of the Angeles National Forest

(cont to next page)

- **July 23rd @ 1pm “FUN TIMES AT BIG PINES! – A HISTORY OF BIG PINES**
What do “CCC”, A Zoo, and a Skating Rink have to do with your Local area? Come and learn the answers to these questions and more! Discover things you didn't know about the long history of the Big Pines area as a recreational destination. It's fun to see photos of what was happening back in the '20's!
Time: Approx. 1 hour
Location: Grassy Hollow Visitor Center
Leader: Barbara Van Houten, USFS Retired, Local Historian and author
- **July 30th @ 1PM ANIMALS OF THE FOREST**
Learn more about the Animals we may encounter in the forest! Mountain Lions, Bobcats and Bears, OH MY!!! Presentation will include discussion of animals who call the forest their home, including a variety of mammals, insects, birds and reptiles. Come and meet your neighbors!
Time: Approx. 45 min – 1 hour
Location: Grassy Hollow Visitor Center
Leader: Linda Dailey, School Programs Coordinator, Volunteers of the Angeles National Forest
- **July 30th @ 2 pm KIDS ACTIVITY “PAINT A BIRD HOUSE” NEW NEW!!**
Come out to Grassy Hollow and paint your very own tiny bird house.
*Bird house are for decorative purposes only.
Ages 5 - 12.
Space is limited. If you miss out on this one there will be another opportunity on Aug 14th.
Reservations required. Please email RSVP to grassyhollow@hotmail.com
Time: Approx. 2 hours
Location: Grassy Hollow Visitor Center
Leader: Sabrina Johnson, President of Volunteer of the Angeles National Forest.

William S Hart UHSD of Santa Clarita ANF Crew 135

Greetings!

Finishing up 1st week of summer trails program. Close to 3 miles of tread and habitat restoration completed on the PCT in Green Valley and Quigley Canyon Open Space in Santa Clarita. Amazing kids! Very proud of them all.

Coming week holds an additional mile of PCT maintenance in Green Valley along with snag removal (downed trees) and tread reclamation for the MRCA in Whitney and Elsmere Canyons (Santa Clarita). Program completion slated for Friday June 24th.

Pictures at www.facebook.com/roptrails

Happy trails!

Kevin

Kevin Sarkissian

Lead Instructor

W S Hart Union High School District

Outdoor Recreation and Wilderness Conservation - ANF Crew 135

Regional Occupational Program

21380 Centre Pointe Parkway

Santa Clarita, CA 91350

661.877.7024

661.250.0022 X 552

<https://www.facebook.com/roptrails/>

Los Angeles River Ranger District
12371 North Little Tujunga Canyon Road
San Fernando, CA 91342

TUNDRA by Chad Carpenter, Los Angeles Times May 25 , 2012 email: tundra@tundracomics.com



Volunteer Today

Send this in Right Away to

Dennis Merkel —12371 N. Little Tujunga Canyon Rd
San Fernando, CA 91342

Name _____

Address _____

Phone # (hm) _____

e-mail _____

Interests

Indicate what you would like to do. Circle area or enter your interests.

Campground Host/ Visitor Information/ Smokey Bear - Fire Prevention/

Recreation Aid / Forest Patrol /Resource Management / Computers/

Research-Librarian / Office Clerical / Tour guide/ Fire Lookout/

Conservation Education / habitat restoration and tree planting

Other: _____
